

## We're Off to a Great Start!

We had a first great program at the DAR State Forest. We stayed warm playing games around the fire, and skiing and snowshoeing on the trails!

Marshmallows were yummy - definitely a highlight!

Our first program at Weston was made possible by their fantastic snow-making skills!

Lots of new and familiar faces! Get in touch to save your space on our next program!

### Waiver Link

[\\*http://www.mass.gov/dcr/universal\\_access/docs/waiver.pdf](http://www.mass.gov/dcr/universal_access/docs/waiver.pdf)

Do you have a suggestion for a name for our newsletter? Let us know! We look forward to hearing your ideas!

## Volunteer Opportunities



### We are still accepting Volunteers!

Come join the fun! Learn new skills and help others! You'll learn about disability awareness, to assist on the trails with snow-shoes, cross-country skis and our adaptive sit-skis and kick-sleds. Learn to be a sighted guide for our adventurers with low vision and lots more!

Training provided on event days, 10 am, prior to start of program

**Please spread the word!**

**Volunteers Sign Up Here** → <http://tinyurl.com/outdooraccess-volunteer>

### Weston Ski Track

Weston

At Weston Ski Track, snow is usually guaranteed at the only cross-country ski site in Massachusetts that makes snow!

The multi-use 2-kilometer trail on moderate terrain allows everyone to enjoy cross-country skiing and snowshoeing, or sit-down skis and kick-sleds.

Explore the trails with a letter-boxing scavenger hunt! Take a break and warm up inside with hot chocolate and snacks! See you on the trails!

12:00AM to 4:00PM

Sundays: Jan 29, Feb 5, 12, 26, Mar 4  
Monday: Feb 20

## PROGRAMS



### D.A.R. State Forest

Goshen

Enjoy a beautiful frozen pond with miles of trails. Try custom equipment such as sit down skis, kick sleds, and traditional snowshoes and cross-country skis.

Warm up around a fire and toast marshmallows! Conditions permitting, try out sit-down skates and join a hockey game. Bring along your own skates.

Join our naturalists to follow animal tracks. Our volunteers and staff are here to assist you on the trails for a magical winter adventure.

11:00AM to 3:00PM

Thursdays: Jan 12, 19  
Tuesdays: Mar 6, 13

**Participants Sign Up Here** → <http://tinyurl.com/outdooraccess-participant>